



Announcements: North and South Pool close at 4pm on May 19th. Safety Around Water will be in South Pool 9a-11a Tuesday, May 28 - Friday, May 31

ASHEVILLE YMCA

May 13-26

POOL HOURS
 Mon-Thurs 6a-8:30p
 Fri 6a-7:30p
 Sat 7:30a-6:30p
 Sun 1p-4:30p

South Pool																																	
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6a-7a	Ind. Ex.	Lap Swim 8a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6a-7a				
7a-8a	Ind. Ex.	Lap Swim 8a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Ind.	Lap Swim			Closed				7a-8a				
8a-9a	Ind. Ex.	Lap Swim 8a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Ind.	Lap Swim			Closed				8a-9a				
9a-10a	Hydro Burn				Hydro Burn				Family/Open Swim				Hydro Burn				Deep Water Fitness				Swim Lessons (Only) 8:30a-12:30p				Closed				9a-10a				
10a-11a	Hydro Burn				Cardio Splash				Cardio Splash				Cardio Splash				Family/Open Swim 9:30a-12:30p				Swim Lessons (Only) 8:30a-12:30p				Closed				10a-11a				
11a-12p	Fluid Movement				Cardio Splash				Cardio Splash				Cardio Splash				Family/Open Swim 9:30a-12:30p				Swim Lessons (Only) 8:30a-12:30p				Closed				11a-12p				
12p-1p	Ind. Ex.	Lap Swim 11:30a-1:50p			Ind. Ex.	Lap Swim 11:10a-1:50p			Ind. Ex.	Lap Swim 11:30a-1:50a			SL	Ind. Ex.	Lap Swim 11:10a-2:45p			Lap Swim 11:10a-2:45p	Ind.	Lap Swim 12:35p-1:50p			Family/Open Swim 12:30p-4p				Family/Open 1p-3p				12p-1p		
1p-2p	Ind. Ex.	Lap Swim 11:30a-1:50p			Ind. Ex.	Lap Swim 11:10a-1:50p			Ind. Ex.	Lap Swim 11:30a-1:50a			SL	Ind. Ex.	Lap Swim 11:10a-2:45p			Lap Swim 11:10a-2:45p	Ind.	Lap Swim 12:35p-1:50p			Family/Open Swim 12:30p-4p				Family/Open 1p-3p				1p-2p		
2p-3p	Hydro Burn				Family/Open Swim 2p-4p				Hydro Burn				Family/Open Swim 2p-4p				Hydro Burn				Family/Open Swim 12:30p-4p				Family/Open 1p-3p				2p-3p				
3p-4p	Family/Open Swim 3p-6:30p				Family/Open Swim 2p-4p				Family/Open 3p-4p				Family/Open 3p-4p				Family/Open Swim 3p-6:30p				Family/Open Swim 3p-6:30p				Lap Swim 3p-4:30p				3p-4p				
4p-5p	Family/Open Swim 3p-6:30p				Swim Lessons (Only) 4p-6:45p				Swim Lessons (Only) 4p-6:45p				Swim Lessons (Only) 4p-6:45p				Family/Open Swim 3p-6:30p				Family/Open Swim 3p-6:30p				Lap Swim 4p-6:30p				4p-5p				
5p-6p	Family/Open Swim 3p-6:30p				Swim Lessons (Only) 4p-6:45p				Swim Lessons (Only) 4p-6:45p				Swim Lessons (Only) 4p-6:45p				Family/Open Swim 3p-6:30p				Family/Open Swim 3p-6:30p				Lap Swim 4p-6:30p				5p-6p				
6p-7p	Ind.	Lap Swim 6:45p-8:30p			Ind. Ex.	Lap Swim			Ind.	Lap Swim 6:45p-8:30p			Ind.	Lap Swim 6:45p-8:30p			Ind. Ex.	Lap Swim			Ind.	Lap Swim 6:30p-7:30p			Closed				6p-7p				
7p-8:30p	Ind.	Lap Swim 6:45p-8:30p			Ind. Ex.	Lap Swim			Ind.	Lap Swim 6:45p-8:30p			Ind.	Lap Swim 6:45p-8:30p			Ind. Ex.	Lap Swim			Ind.	Lap Swim 6:30p-7:30p			Closed				7p-8:30p				

North Pool																																	
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6a-8a	Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-5:15p				Closed				Closed				6a-8a				
8a-10a	Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-5:15p				Lap Swim 7:30a-6:30p				Closed				8a-10a				
10a-12p	Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-5:15p				Lap Swim 7:30a-6:30p				Closed				10a-12p				
12p-2p	Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-5:15p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				12p-2p				
2p-4p	Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-5:15p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				2p-4p				
4p-6p	Swim Team 4p-6p				Swim Team 4p-6p				Swim Team 4p-6p				Swim Team 4p-6p				Swim Team 4p-6p				Swim Lessons				Closed				4p-6p				
6p-8:30p	Lap Swim 6p-8:30p				Swim Team 6p-7:30p				Lap Swim 6p-7:20p				Swim Team 6p-7:30p				Swim Team 6p-7:30p				Open Kayak 5:30p-7:15p				Closed				6p-8:30p				
	Lap Swim 6p-8:30p				Lap Swim 7:30p-8:30p				Water Polo 7:30p-8:30p				Lap Swim 7:30p-8:30p				Lap Swim 7:30p-8:30p				Reg. Required See Below				Closed								

>>To register for open kayak please visit ymcawnc.org/programs-search<<

	Lap Swim		Independent Exercise		Swim Team		Family/Open Swim	Family Swim and Open Swim are open to all.
	Group Ex		Swim Lessons		Specialty			

Please remember that our pools are shared by programs, classes, families, and all our members. The pool schedule is subject to change without notice due to programs, weather, maintenance, staffing, and/or special events.



**BE A LEADER
BE A LIFEGUARD**

GUARD

NOW HIRING LIFEGUARDS

**Help people stay safe and confident
around water as a YMCA lifeguard!**

Lifeguard certification courses provided by the Y.



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job opportunities here.**

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courses here.**



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