



AARP[®]
Real Possibilities

DANCE YOUR CARES AWAY AT THE SOCK HOP!

Whether you have dancing experience or two left feet, join us for a night of fun on May 5th for a Sock Hop. This event is especially designed for healthy adults with cognitive challenges and their caregivers. Celebrate life with us as we use music and dance to bridge generations and bring community together in a safe and supportive setting.

Fun and easy dance lessons will be offered.
Photo booth will be available.
Light dinner and ice cream provided by The Hop Ice Cream Cafe.

Onsite childcare available for an additional fee, registration required.

Saturday, May 5, 2018
6:00-8:30 p.m.

Downtown Asheville YMCA
30 Woodfin St., Asheville, NC 28801
For more information 828 210 9622



Sign up at the Member Services Desk at any YMCA of WNC location!
YMCA OF WESTERN NORTH CAROLINA