



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CORPENING MEMORIAL YMCA POOL SCHEDULE

MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00a POOL OPENS	6:00a POOL OPENS	6:00a POOL OPENS	6:00a POOL OPENS	6:00a POOL OPENS		
6-7a Cardio Splash		6-7a Cardio Splash		6-7a Cardio Splash	8a POOL OPENS	
9-10a Fluid Movement	9:30-10:15a H ₂ O Arthritis	9-10a Fluid Movement	9:30-10:15a H ₂ O Arthritis	9-10a Fluid Movement	Swim lessons 10:30a-12:30p (1 lane)	1:00p POOL OPENS
10-11a Adv. H ₂ O Arthritis	10:30-12p Y Splash (3/5, 12, 19)	10:30-12p Y Splash (3/6, 13, 20)	10:30-12p Y Splash (3/7, 14, 20)	10:30-12p Y Splash (3/15)		
2-4p Closed	2-4p Closed	2-4p Closed	2-4p Closed	2-4p Closed	5:00p POOL CLOSES	5:00p POOL CLOSES
4:15-5:15p Cardio Splash	4:15-5:00p Aqua Fit (2 lanes)	4:15-5:15p Cardio Splash	4:30-7:15p Swim Lessons (1 lane)	4:15-5:15p Cardio Splash	<ul style="list-style-type: none"> • Y Splash will be in the pool from 10:30-12 on the following days: (only two lap lanes will be available, and open swim will be limited) • There will be a lifeguard certification course March 25-29 from 11am-4pm. See front desk to register. • The week of McDowell County Schools Spring Break (March 25-29), the pool will remain open between 2-4. 	
	4:30-7:15p Swim Lessons (1 lane)	4:30-5:30p Special Olympics Swim Team (2 lanes)				
5:30-6:30p Piranha's Swim Team (3 lanes)	5:30-6:30p Piranha's Swim Team (3 lanes)	5:30-6:30p Piranha's Swim Team (3 lanes)	5:30-6:30p Piranha's Swim Team (3 lanes)	5:30-6:30p Piranha's Swim Team (3 lanes)		
8:00p POOL CLOSES	8:00p POOL CLOSES	8:00p POOL CLOSES	8:00p POOL CLOSES	7:00p POOL CLOSES		

CORPENING MEMORIAL YMCA

348 Grace Corpening Drive
Marion, NC 28752
828 659 9622

Pool Hours:

Monday–Thursday: 6:00am–2:00pm, 4:00–8:00pm

Friday: 6:00am–2:00pm, 4:00–7:00pm

Saturday: 8:00am–5:00pm

Sunday: 1:00pm–5:00pm

POOL RULES

Please read all pool rules carefully. The lifeguard has final say and the right to ask unruly patrons to leave.

At any given time, many different aquatic activities may be on going. Please be respectful of other patrons in the pool. If you have any questions, please see the Aquatics Director:

Molly Heintzelman
mheintzelman@ymcawnc.org
828 559 2416

ANSWERING THE CALL

2 CHILDREN DIE
EACH DAY AS A
RESULT OF
DROWNING



www.cdc.gov/injury/wisqars/

60%

OF YOUTH DROWNING
INCIDENTS OCCUR
WITHIN 10' OF SAFETY.

www.safekids.org/sites

88% OF
CHILDREN WHO
DROWN ARE UNDER
SOME FORM OF
SUPERVISION

www.safekids.org/sites

YOUTH POLICY

Ages 0-6:

Within arm's reach of an adult
OR in an appropriate lifejacket

Ages 7-9:

Must be supervised by a
responsible adult. **If child
passes swim test**, adult may
remain on pool deck

Ages: 10-12:

Children may stay in pool area
without adult supervision
providing they are following all
rules and being respectful of
other patrons and lifeguards

Drowning is the leading cause of unintentional death among children ages 1 - 4. Please help us create a safe environment by not engaging in dangerous behaviors, listening to the lifeguards, and signing up for swim lessons.

SWIM TEST

Children under the age of 13
must complete a swim test
before going into the deep end.

To succeed a child must:

- Swim 25 meters
- Tread water for 1 minute
- Jump in the deep end

Only a lifeguard may
administer a swim test.

EQUIPMENT

Kickboards are for lap swim
use only.

Lifejackets are allowed only
when they are coast guard
approved. Flotation belts
are for aerobic use only.

All equipment

should be used for its
intended purpose and not
for roughhouse or
horseplay.