



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GET UP GET ACTIVE PLAY VOLLEYBALL

ADULT DROP-IN VOLLEYBALL

Every Tuesday March 5– April 30 7–8 p.m.

Asheville YMCA

Are you looking for a way to be social while embracing a healthy, active lifestyle? Come join us every Tuesday at the downtown Asheville YMCA from 7–8 p.m. for Adult Drop-In Volleyball. This is **FREE** to members ages 16 and up and a \$7 drop-in for non-members. Non-members, please make sure to check in with the front desk before entering. Youth services is available to any volleyball participant.

This will be a member led activity, with balls and game equipment provided by the Y. Can't wait to see you on the court!

For more information, please contact Tyler Sanford, 828 210 9654 or tsanford@ymcawnc.org.



Asheville YMCA

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YMCA OF WESTERN NORTH CAROLINA