



Announcements:
 New lifeguards and swim instructors eligible for a \$250 hiring bonus.
 Must work 30 days and 40hrs to be eligible

ASHEVILLE YMCA

April 15-21

POOL HOURS
 Mon-Thurs 6a-8:30p
 Fri 6a-7:30p
 Sat 7:30a-6:30p
 Sun 1p-4:30p

South Pool

Time	Monday 4/8				Tuesday 4/9				Wednesday 4/10				Thursday 4/11				Friday 4/12				Saturday 4/13				Sunday 4/14				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6a-7a	Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				Closed				Closed				6a-7a				
7a-8a	Lap Swim 8a-9:20a				Lap Swim 6a-8:50a				Lap Swim 6a-9:20a				Lap Swim 6a-8:50a				Lap Swim 6a-8:20a				Closed				Closed				7a-8a				
8a-9a	Ind. Ex.				Ind. Ex.				Family/Open Swim				Ind. Ex.				Deep Water Fitness				Ind. Ex.				Lap Swim				8a-9a				
9a-10a	Hydro Burn				Hydro Burn				Cardio Splash				Hydro Burn				Family/Open Swim				Swim Lessons (Only) 8:30a-12:30p				Closed				9a-10a				
10a-11a	Fluid Movement				Cardio Splash				Cardio Splash				Cardio Splash				Family/Open Swim 9:30a-12:30p				Swim Lessons (Only) 8:30a-12:30p				Closed				10a-11a				
11a-12p	Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				11a-12p				
12p-1p	Lap Swim 11:30a-1:50p				Lap Swim 11:10a-1:50p				Lap Swim 11:30a-1:50a				Lap Swim 11:10a-2:55p				Lap Swim 11:10a-2:55p				Lap Swim 12:35p-1:50p				Family/Open Swim 12:30p-4p				12p-1p				
1p-2p	Hydro Burn				Family/Open Swim 2p-4p				Hydro Burn				Hydro Burn				Hydro Burn				Family/Open Swim 12:30p-4p				Family/Open Swim 1p-3p				1p-2p				
2p-3p	Family/Open Swim 3p-6:30p				Swim Lessons (Only) 4p-6:45p				Swim Lessons (Only) 4p-6:45p				Family/Open Swim 3p-6:30p				Family/Open Swim 3p-6:30p				Swim Lessons				Ind. Ex.				2p-3p				
3p-4p	Lap Swim 6a-8:30p				Lap Swim				Lap Swim 6:45p-8:30p				Closed				Closed				Closed				Closed				3p-4p				
4p-5p	MH 3:30p-5:30p				MH 3:30p-5:30p				MH 3:30p-5:30p				MH 3:30p-5:30p				MH 3:30p-5:30p				MH 3:30p-5:30p				MH 3:30p-5:30p				4p-5p				
5p-6p	Swim Team 6p-7:30p				Lap Swim 7:30p-8:30p				Water Polo 7:30p-8:30p				Swim Team 6p-7:30p				Open Kayak 5:30p-7:15p				Reg. Required See Below				Closed				5p-6p				
6p-7p	Lap Swim 6a-8:30p				Lap Swim				Lap Swim 6:45p-8:30p				Closed				Closed				Closed				Closed				6p-7p				
7p-8:30p	Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				7p-8:30p				

North Pool

Time	Monday 4/1				Tuesday 4/2				Wednesday 4/3				Thursday 4/4				Friday 4/5				Saturday 4/6				Sunday 4/7				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6a-8a	Lap Swim 6a-8:30p				Lap Swim 6a-6p				Lap Swim 6a-7:20p				Lap Swim 6a-6p				Lap Swim 6a-5:25p				Closed				Closed				6a-8a				
8a-10a	Lap Swim 6a-8:30p				Lap Swim 6a-6p				Lap Swim 6a-7:20p				Lap Swim 6a-6p				Lap Swim 6a-5:25p				Lap Swim 7:30a-6:30p				Closed				8a-10a				
10a-12p	Lap Swim 6a-8:30p				Lap Swim 6a-6p				Lap Swim 6a-7:20p				Lap Swim 6a-6p				Lap Swim 6a-5:25p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				10a-12p				
12p-2p	Lap Swim 6a-8:30p				Lap Swim 6a-6p				Lap Swim 6a-7:20p				Lap Swim 6a-6p				Lap Swim 6a-5:25p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				12p-2p				
2p-4p	Lap Swim 6a-8:30p				Lap Swim 6a-6p				Lap Swim 6a-7:20p				Lap Swim 6a-6p				Lap Swim 6a-5:25p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				2p-4p				
4p-6p	MH 3:30p-5:30p				MH 3:30p-5:30p				MH 3:30p-5:30p				MH 3:30p-5:30p				MH 3:30p-5:30p				MH 3:30p-5:30p				MH 3:30p-5:30p				4p-6p				
6p-8:30p	Swim Team 6p-7:30p				Lap Swim 7:30p-8:30p				Water Polo 7:30p-8:30p				Swim Team 6p-7:30p				Open Kayak 5:30p-7:15p				Reg. Required See Below				Closed				6p-8:30p				

>>To register for open kayak please visit ymcawnc.org/programs-search<<

Lap Swim	Independent Exercise	Swim Team	Family/Open Swim	Family Swim and Open Swim are open to all.
Group Ex	Swim Lessons	Specialty		

Please remember that our pools are shared by programs, classes, families, and all our members. The pool schedule is subject to change without notice due to programs, weather, maintenance, staffing, and/or special events.



**BE A LEADER
BE A LIFEGUARD**

GUARD

NOW HIRING LIFEGUARDS

Help people stay safe and confident around water as a YMCA lifeguard!

Lifeguard certification courses provided by the Y.



Scan to find current job opportunities here.

Scan to find lifeguard courses here.



ymcawnc.org