



# September 1st -14th Pool Schedule

**\*\* Pool schedule is subject to change without notice due to staffing and weather \*\***

## Asheville YMCA

**Close at 12:30pm  
9/1!!!  
Enjoy your Labor  
Day!!**

South Pool																													
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6-7 AM
7-8 AM																					Ind	Lap Swim							7-8 AM
8-9 AM																													8-9 AM
9-10 AM	Hydro Burn			Hydro Burn			Cardio Splash			Hydro Burn			Deep Water Fitness			Swim Lessons (Only) 8:30a-12p				Closed	9-10 AM								
10-11 AM																					Fluid Movement			Cardio Splash					Cardio Splash
11-12 PM	Lap Swim 11:10a-2:20p			Cardio Splash			Lap Swim 11:10a-3:50p			Open Swim			11-12 PM																
12-1 PM													NLR	Ind. Ex.	Lap Swim 11:40a-1:50p	NLR	Ind. Ex.	Lap Swim 11:40a-1:50p	Ind. Ex.		Lap Swim 11:10a-3:50p	Ind.	Lap Swim 12:40p-1:50p			Open Swim 12:10p-3p	PL	12-1 PM	
1-2 PM	1-2 PM																												
2-3 PM	Hydro Burn			Open Swim			Hydro Burn			Hydro Burn			Hydro Burn			Open Swim			Open Swim				2-3 PM						
3-4 PM																							Open Swim			Open Swim			Open Swim
4-5 PM	Swim Lessons (Only) 4p-6:30p			Swim Lessons (Only) 4p-6:30p			Open Swim			Open Swim			Open Swim			Lap Swim 4:10-6:30p				4-5 PM									
5-6 PM																				Swim Lessons (Only) 4p-6:30p			Swim Lessons (Only) 4p-6:30p			Open Swim			Open Swim
6-7 PM	Lap Swim 6:45p-8:30p			Lap Swim 6:45p-8:30p			Lap Swim 6:45p-8:30p			Lap Swim 6:45p-8:30p			Lap Swim 6:45p-8:30p			Lap Swim 6:45p-8:30p			Closed										
7-8:30 PM																							Lap Swim 6:45p-8:30p			Lap Swim 6:45p-8:30p			Lap Swim 6:45p-8:30p

North Pool																																	
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane				
6-8 AM	Lap Swim 6a-4p  Close at 12:30p 9/1				Lap Swim 6a-4p				Lap Swim 6a-4p				Lap Swim 6a-4p				Lap Swim 6a-4p				Closed				Closed				6-8 AM				
8-10 AM																					Lap Swim 7:30a-6:30p								8-10 AM				
10-12 PM																													10-12 PM				
12-2 PM																					Lap Swim 1p-4:30p				12-2 PM								
2-4 PM	Swim Team 4p-6:30p				PL	Swim Team 6p-7:30p			Swim Team 4p-6:30p				Swim Team 4p-5:30p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				2-4 PM								
4-6 PM					4-6 PM																												
6-8:30 PM					6-8:30 PM																												
	Lap Swim				Lap Swim				Water Polo 7:30p-8:30p				Lap Swim				Reg. Required See Below				Closed				Closed								

>>To register for open kayak please visit [ymcawnc.org/programs-search](http://ymcawnc.org/programs-search)<<

Lap Swim	Independent Exercise	Swim Team	Open Swim
Group Ex	Swim Lessons	Specialty	

For Questions contact Aquatics Manager - Programing Jeri Martin [jmartin@ymcawnc.org](mailto:jmartin@ymcawnc.org)

For lifeguarding, safety, and lifeguard job applications, contact the Aquatics Manager of Lifeguards and Safety Lavery: [Shay.Lavery@ymcawnc.org](mailto:Shay.Lavery@ymcawnc.org)

Shay

We are hiring lifeguards!! Apply today!!

