



Pool Schedule December

Pool schedule is subject to change without notice due to staffing, weather, ETC

Closings:
Early Christmas
Eve and New
Years Eve, all
day Christmas
day

Asheville YMCA

South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time																				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane																				
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6-7 AM																				
7-8 AM																					Ind	Lap Swim							7-8 AM																				
8-9 AM																													8-9 AM																				
9-10 AM	Hydro Burn				Hydro Burn				Deep Water Fitness	Hydro Burn				Hydro Burn				Swim Lessons 8:20-12:10p											9-10 AM																				
10-11 AM	Hydro Burn				Cardio Splash					Hydro Burn				Cardio Splash															Cardio Splash												10-11 AM								
11-12 PM	Fluid Movement				Ind.ex.	Lap Swim 11:15a-1:50p				Fluid Movement				Ind. Ex.	Lap Swim 11:15a-1:50p														Ind. Ex.	Lap Swim 11:40p-1:50p											11-12 PM								
12-1 PM	Ind. Ex.	Lap Swim 11:40a-1:50p								Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p			Family Swim 12:20p-4p	PL	Closed				12-1 PM																									
1-2 PM																								1-2 PM																									
2-3 PM	Hydro Burn				Deep water fitness				Hydro Burn				Deep water Fitness				Hydro Burn								Ind. Ex.	Family Swim 1p- 2:50p			2-3 PM																				
3-4 PM	Family Swim 3p-4p				Family Swim 3p-6:20p PL				Family Swim 3p-4p				Family Swim 3p-6:20p Private Lessons				Family Swim 3:10p- 7:30p												3-4 PM																				
4-5 PM	Swim Lessons (Only) 4p-6:30p								Swim Lessons (Only) 4p-6:30p																Ind. Ex.	Lap Swim 4:10-6:30p			4-5 PM																				
5-6 PM																													5-6 PM																				
6-7 PM	Ind	Lap Swim			Ind.	Lap Swim Team			Ind	Lap Swim			Ind.	Lap Swim Team			Closed				Closed				Closed				6-7 PM																				
7-8:30 PM																													7-8:30 PM																				

North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time			
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane			
6-8 AM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Closed				<u>No Swim Team:</u> Fri 12/12 Wed 12/24 Thurs 12/25 Fri 12/26 Wed 12/31 Thurs 1/1				6-8 AM			
8-10 AM																					8-10 AM											
10-12 PM																					10-12 PM											
12-2 PM																					12-2 PM											
2-4 PM																					2-4 PM											
4-6 PM	Swim Team 4p- 6p								4-6pm Swim Team								4-5:30 Swim Team				Lap Swim 7:15a-6:30p				Lap Swim 1p- 4:30				4-6 PM			
6-8:30 PM	Lap Swim				Swim Team 6- 7:30 Lap Swim				Lap swim Water Polo 7:30p-8:30p				Swim Team 6- 7:30 Lap Swim				Open Kayak 5:30p-7:15p Reg. Required See Below												Closed			

>>To register for open kayak please visit ymcawnc.org/programs-search<<

Lap Swim	Independent Exercise	Swim Team	Open Swim
Group Ex	Swim Lessons	Specialty	

For Questions contact Aquatics Manager - Programing Jeri Martin jmartin@ymcawnc.org

For lifeguarding, safety, and lifeguard job applications, contact Association Aquatics Director

Ben Watson: bwatson@ymcawnc.org



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BE A LIFEGUARD**

GUARD

NOW HIRING LIFEGUARDS

**Help people stay safe and confident
around water as a YMCA lifeguard!**

Lifeguard certification courses provided by the Y.



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job opportunities here.**

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courses here.**



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