



Pool Schedule November

Pool schedule is subject to change without notice due to staffing, weather, ETC

Closed for Thanksgiving
11/27
Happy Swimming!

Asheville YMCA

South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time													
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3		Lane													
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed			6-7 AM														
7-8 AM																					Ind	Lap Swim		7-8 AM																		
8-9 AM																								8-9 AM																		
9-10 AM	Hydro Burn			Hydro Burn			Open Swim	Hydro Burn			Hydro Burn			Deep Water Fitness			Swim Lessons 8:20-12:10p				Closed			9-10 AM																		
10-11 AM																								Fluid Movement			Cardio Splash			Cardio Splash			Fluid Movement			Cardio Splash			Fluid Movement			11-12 PM
11-12 PM	Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 12:40p-1:50p																												
12-1 PM																	Hydro Burn			Deep water fitness			Hydro Burn			Deep water Fitness			Hydro Burn			Family Swim 12:20p-4p			Family Swim 1p- 2:50p			12-1 PM				
1-2 PM																																						Family Swim 3p-4p			Family Swim 3p-4p	
2-3 PM	Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Family Swim 3p-6:20p			Family Swim 3:10p-7:30p			Lap Swim 4:10-6:30p			Closed			2-3 PM																	
3-4 PM																									Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Family Swim 3p-6:20p			Family Swim 3:10p-7:30p		
4-5 PM	Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Family Swim 3p-6:20p			Family Swim 3:10p-7:30p			Lap Swim 4:10-6:30p			Closed																				
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7-8:30 PM																									Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Swim Lessons (Only) 4p-6:30p			Family Swim 3p-6:20p			Family Swim 3p-6:20p			Family Swim 3:10p-7:30p		
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North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time	
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	Lane		
6-8 AM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Closed				<u>No Swim Team:</u> Fri 11/7 Mon 11/10 Fri 11/28				6-8 AM	
8-10 AM																					8-10 AM									
10-12 PM																					10-12 PM									
12-2 PM																					12-2 PM									
2-4 PM																					2-4 PM									
4-6 PM	Swim Team 4p- 6p								4-6pm Swim Team								4-5:30 Swim Team				Lap Swim 7:15a-6:30p								4-6 PM	
6-8:30 PM	Lap Swim				Swim Team 6- 7:30				Lap swim				Swim Team 6- 7:30				Open Kayak 5:30p-7:15p								Closed				Closed	
									Lap Swim				Water Polo 7:30p-8:30p				Lap Swim				Reg. Required See Below									

>>To register for open kayak please visit ymcawnc.org/programs-search<<

		Lap Swim		Independent Exercise		Swim Team		Open Swim
		Group Ex		Swim Lessons		Specialty		

For Questions contact Aquatics Manager - Programing Jeri Martin jmartin@ymcawnc.org

For lifeguarding, safety, and lifeguard job applications, contact Association Aquatics Director

Ben Watson: bwatson@ymcawnc.org



**BE A LEADER
BE A LIFEGUARD**

GUARD

NOW HIRING LIFEGUARDS

**Help people stay safe and confident
around water as a YMCA lifeguard!**

Lifeguard certification courses provided by the Y.



**Scan to find current
job opportunities here.**

**Scan to find lifeguard
courses here.**



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