



# January Gym Schedule

Revised on:  
December 23, 2025

Corpening Memorial YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:00-8:00am	Open Gym 5:00am-8:30am	Open Gym 5:00-8:00am	Open gym 5:00am-8:30am	Open Gym 5:00-8:00am		
		Group Ex Line dancing (Front Half) 8—8:45am		Group Ex Line dancing (Front Half) 8—8:45am	Pickleball (Back half) 8:00-11:00am	
Pickleball 8:00—11:00am	FCS 8:30am-2:00pm	Beginners Pickleball (Back Half) 8:00-9:30am	FCS 8:30am- 2:00pm	Pickleball 8:00-11:00am	Little Dribblers (Front Half) 9am—10:45 am	
Open Gym 11:00 am- 4:00pm	Open Gym 2:30pm-4:15pm	Pickleball 9am—11am	Open Gym 2:30pm-4:15pm	Open Gym 11am—4:15pm	Open Gym 11:00am- 3:50pm	Open Gym 1:00-4:50pm
Iron Sharpens Iron (Back Half) 4:15 –5:15pm	Iron Sharpens Iron (Back half) 4:15-5:15pm	Open Gym 11am—4:15 pm	Iron Sharpen Iron (Back Half) 4:15-5:15pm	Iron Sharpens Iron (Back Half) 4:15—5:15pm		
Adult Pick up Basketball (Back Half) 5—7pm	Indoor Futsal 5:30—8pm	Iron Sharpens Iron (Back Half) 4:15-5:15pm	Indoor Futsal 5:30-8pm	Volleyball (Back Half) 5:30– 7:45pm		
Open Gym 7:00-8:50pm	Open gym 8:00-8:50	Adult Futsal 5:30—8:50pm	Open Gym 8:00pm-8:50pm			

\*\* Please Remember that our gym is shared by programs, classes, families, and all members. Schedule is subject to change without notice due to weather and/or special events \*\*