

January Pool Schedule ** Pool schedule is subject to change without notice due to staffing and weather **

Y Splash students will be in open swim/deep end Tues-Fri starting January 13

Corpening Memorial YMCA

Time	Monday Tuesday					day	We	dnes	day	Th	ursd	lay	F	riday	Sat	Saturday			Sunday		
Lane #	1 2	3 4	5 6 7 8	3 1 2	3 4 5	5 6 7 8	1 2 3	8 4 5	6 7 8	1 2 3	4 5	6 7 8	1 2 3	4 5 6 7 8	3 1 2 3	4 5 6	7 8	1 2 3	4 5 6 7 8	Lane #	
6-7 AM	u			u			u u			u			u		CI	Closed					
7-8 AM	Open Swim	ı	Lap Swim	Open Swim	Lap Swim	Swim	Open Swim	Lap Swim	Open Swim	Lap Swim		Open Swim	Lap Swim	Closed					7-8 AM		
8-9 AM	Ope	Ope	Ope		Lap	Ope		Lap	Ope			Ope							8-9 AM		
9-10 AM		luid			Fluid		Fluid		Fluid			uid			(0	Cl	losed	9-10 AM			
10-11 AM	Mov	eme	ent	Mov		ent	Moveme		t		emen	Private Swim	Move	ement	im		swim lessons				
11-12 PM		ı	wim		SPLASH		SPLASH		SPLASH		Priv	SPLASH		Open Swim	wim	swim					
12-1 PM	SPLASH	ı	Lap Swim	Open Swim		Lap Swim	Open Swim		Lap Swim	Open Swim		Lap Swim	Open Swim	Lap Swim	OF	Lap Swim				12-1 PM	
1-2 PM				Open		Lap	Open		Lap	Open		Lap	Open					im	E	1-2 PM	
2-3 PM																		Open Swim	Lap Swim	2-3 PM	
3-4 PM		wim															Jo		3-4 PM		
4-5 PM		Cardio			essons			Cardio			Open Swim Titans Lap Swim private swim lessons			E E	Closed					4-5 PM	
5-6 PM	Splas	4	Lap Swim	Open Swim	S	Lap Swim rivate swim l	Splash	5	Lap Swim	Open Swim	Titans Lap Swim	Swim e swim l	Open Swim	Lap Swim				CI	osed	5-6 PM	
6-7 PM	U)			Open	Titans	Lap Sv	en Swim	Titans	Lap	Open	Titans	Lap 8	Ю		1 2 3 4 5 6 7 8			1 2 3 4 5 6 7 8		6-7 PM	
7-8 PM	Open						Open								Sp	Splash runs from January 12th to March 6th from					
8-9 PM	C	los	sed	C	Closed			Closed			Closed			Closed		12th to March 6th from 10:30am-12pm. We have no open swim and					
Lane #	1 2	3 4	5 6 7 8	3 1 2	3 4 5	5 6 7 8	1 2 3	3 4 5	6 7 8	1 2 3	4 5	6 7 8	1 2 3	4 5 6 7 8	limit				at tha		
	Lap Swim						Open Swim				Swim Lessons				Camp Swim						
				Gro	up	Ex	Sı	wim ⁻	Tean	n	Y	Spla	ash		Specialty						

CORPENING MEMORIAL YMCA

348 Grace Corpening Marion NC 28752

MAX CAPACITY: 50 | Please note the schedule and lane space is subject to change at any time.

LIFEGUARD BREAK: Our Y is a one-guard pool. Lifeguards have the ability to close the pool for 10 minutes in the event that they need a break and have no coverage. Please respect the lifeguard and obey all directions.

LAP LANES

Lap lanes are for continuous lap swimming only—including standard strokes and kicking. Please use open swim times/independent exercise for water jogging, water walking, etc. Lap swimmers should share the lanes with other members in a respectful manner.

EQUIPMENT

Kickboards, pull buoys and fins are for lap swim use only.

Noodles are to be used for flotation and exercise classes only.

Approved lifejackets are available for use. Equipment should not be used to roughhouse or for horseplay.

SWIM TEST

Any child under the age of 13 wishing to swim **in** water deeper than chest depth must pass the swim test or wear a lifejacket:

- Start in shallow end
- Swim 25 yards
- Climb out, jump in deep end
- Tread water for 1 minute

Swim tests must be repeated every visit. The lifeguard has the authority to withhold or revoke access to any area of the pool to maintain safety.

ANSWERING THE CALL

609/o
of Youth
DROWNING
INCIDENTS
OCCUR WITHIN
10 FT.
OF SAFETY
www.safekids.org/sites





Drowning is the leading cause of unintentional injury death among children aged 1-4 years and one of the top three causes among persons aged ≤29 years.

www.cdc.gov

POOL RULES

Shower before entering the pool and after the use of toilet facilities.

After showering, please dry off completely when exiting the showers into the locker room area.

- Inflatable flotation devices are not permitted
- Walk
- Do not engage in rough play
- Please do not enter the pool if you have a communicable disease or open cut
- No glass, food, gum, tobacco, or animals are allowed on the pool deck
- Proper swim attire must be worn at all times
- Children not toilet-trained are required to wear a swim diaper covered by a tight topped suit or plastic pants- please ask for one if you do not have one
- Diaper changing on the pool deck is not permitted
- Please obey all requests made by lifeguards
- Cameras, cell phones, and other electronic devices are not allowed on the pool deck
- Street shoes are not allowed on the deck
- Photography on the pool deck is prohibited

CHILD SUPERVISION

Children Ages 0–6: An adult must be within arm's reach of the child at all times

Children Ages 7–9: If the child passes the swim test, they may be in the pool with a responsible adult in the pool area. Otherwise a guardian must be in the pool.

Children Ages 10–12: If a child passes the swim **test**, they may be in the pool alone. A responsable adult must be in the building. If they don't pass the swim test, and adult must be with them in the water or they must wear a lifejacket.