



Pool Schedule February 1-8

Pool schedule is subject to change without notice due to staffing, weather, ETC

Asheville YMCA

Now Hiring!
Guards and
Instructors!
ymcawnc.org/careers

South Pool

South Pool																																	
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane				
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6-7 AM				
7-8 AM																					Ind	Lap Swim							7-8 AM				
8-9 AM																													8-9 AM				
9-10 AM																					Hydro Burn			Hydro Burn					Hydro Burn			Deep Water Fitness	
10-11 AM	Cardio Splash			Cardio Splash			Cardio Splash			Fluid Movement			10-11 AM																				
11-12 PM													Fluid Movement			Fluid Movement			Fluid Movement			11-12 PM											
12-1 PM	Ind. Ex.	Lap Swim 11:40a-1:50p			Ind.ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p												Ind. Ex.	Lap Swim 11:40p-1:50p						PL	Family Swim 12:40p-4p			
1-2 PM													1-2 PM																				
2-3 PM	Hydro Burn			Deep water fitness			Hydro Burn			Deep water Fitness			Hydro Burn			Family Swim 12:40p-4p				Family Swim 1p- 2:50p				Private Lessons	2-3 PM								
3-4 PM																									Family Swim 3p-4:20p			Swim Lessons 3p- 4:20p					
4-5 PM	Swim Lessons (Only) 4:40p-6:30p			Family Swim PL			Swim Lessons (Only) 4p-6:30p			Family Swim 3:10p-6:20p			Family Swim 3:10- 5p							Ind. Ex.	Lap Swim 4:10-6:30p			4-5 PM									
5-6 PM																								Swim Lessons (Only) 4:40p-6:30p			Family Swim 4:20p-6:20p			Swim Lessons (Only) 4p-6:30p			Family Swim 3:10p-6:20p
6-7 PM	Swim Lessons (Only) 4:40p-6:30p			Family Swim 4:20p-6:20p			Swim Lessons (Only) 4p-6:30p			Family Swim 3:10p-6:20p			Family Swim 3:10- 5p			Family Swim 3:10- 5p			Ind. Ex.	Lap Swim 4:10-6:30p			6-7 PM										
7-8:30 PM																							Ind	Lap Swim			Lap	Swim Team Lap Swim			Ind	Lap Swim	

North Pool

North Pool																													
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-8 AM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Closed								6-8 AM
8-10 AM																					Closed								8-10 AM
10-12 PM																					Closed								10-12 PM
12-2 PM																					Closed								12-2 PM
2-4 PM																					Closed								2-4 PM
4-6 PM	Swim Team 4p- 6:15p								Swim Team 4p- 6:15p								4-6pm Swim Team				Lap swim 7:15p-6:30p				Lap Swim 1p- 4:30				4-6 PM
6-8:30 PM	Lap swim				Swim Team 6- 7:30 Lap Swim				Lap swim Water Polo 7:30p-8:30p				Swim Team 6- 7:30 Lap Swim				Lap swim Close at 7:30				Closed				Closed				6-8:30 PM

>>To register for open kayak please visit ymcawnc.org/programs-search<<

	Lap Swim		Independent Exercise		Swim Team		Open Swim
	Group Ex		Swim Lessons		Specialty		

For Questions contact Aquatics Manager - Programing Jeri Martin jmartin@ymcawnc.org

For lifeguarding, safety, and lifeguard job applications, contact Manager of Lifeguards and Safety
Keith Jobe kjobe@ymcawnc.org



**BE A LEADER
BE A LIFEGUARD**

GUARD

NOW HIRING LIFEGUARDS

**Help people stay safe and confident
around water as a YMCA lifeguard!**

Lifeguard certification courses provided by the Y.



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job opportunities here.**

**Scan to find lifeguard
courses here.**



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