



Pool Schedule February 9-22

Pool schedule is subject to change without notice due to staffing, weather, ETC

**Now Hiring!
Guards and
Instructors!**
ymcawnc.org/careers

Asheville YMCA

South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time											
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane											
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6-7 AM											
7-8 AM																					Ind	Lap Swim											7-8 AM							
8-9 AM																																	8-9 AM							
9-10 AM	Hydro Burn			Hydro Burn	Hydro Burn			Hydro Burn	Hydro Burn			Cardio Splash	Swim Lessons 8:20-12:30p																				9-10 AM							
10-11 AM																																	10-11 AM							
11-12 PM	Fluid Movement				Cardio Splash				Fluid Movement																								Cardio Splash							
12-1 PM	Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p			PL	Family Swim 12:40p-4p				Family Swim 1p- 2:50p				12-1 PM										
1-2 PM																										1-2 PM														
2-3 PM	Hydro Burn			Deep water fitness	Deep water fitness			Hydro Burn	Deep water Fitness			Hydro Burn	Deep water fitness			Hydro Burn													2-3 PM											
3-4 PM	Family Swim 3p-4:20p				Swim Lessons 3p- 4:20p				Family Swim				Family Swim			Private lessons	Family Swim 3:10- 5p												3-4 PM											
4-5 PM	Swim Lessons (Only) 4:40p-6:30p			PL	Family Swim				Swim Lessons (Only) 4p-6:30p				Family Swim 3:10p-6:20p				Family Swim 3:10- 5p												4-5 PM											
5-6 PM	Swim Lessons (Only) 4:40p-6:30p				Family Swim 4:20p-6:20p				Swim Lessons (Only) 4p-6:30p				Family Swim 3:10p-6:20p			Open Kayak 5:10 -6:10	Open Kayak 5:10 -6:10												5-6 PM											
6-7 PM	Ind	Lap Swim			Lap	Swim Team Lap Swim			Ind	Lap Swim			Lap	Swim Team Lap Swim														6-7 PM												
7-8:30 PM																												7-8:30 PM												

North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-8 AM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim 6a-7:30p				Closed				No swim team: 2/16				6-8 AM
8-10 AM																													8-10 AM
10-12 PM																													10-12 PM
12-2 PM																													12-2 PM
2-4 PM	Swim Team 4p-6:15p				Swim Team 6-7:30				Swim Team 4p-6:15p				Swim Team 6-7:30				Lap swim 7:15p-6:30p				Lap swim 1p-4:30				Closed				2-4 PM
4-6 PM																													4-6 PM
6-8:30 PM	Lap swim				Lap Swim				Water Polo 7:30p-8:30p				Lap Swim				Close at 7:30				Closed				Closed				6-8:30 PM

>>To register for open kayak please visit ymcawnc.org/programs-search<<

Lap Swim	Independent Exercise	Swim Team	Open Swim
Group Ex	Swim Lessons	Specialty	

For Questions contact Aquatics Manager - Programing Jeri Martin jmartin@ymcawnc.org

For lifeguarding, safety, and lifeguard job applications, contact Manager of Lifeguards and Safety
Keith Jobe kjobe@ymcawnc.org



**BE A LEADER
BE A LIFEGUARD**

GUARD

NOW HIRING LIFEGUARDS

**Help people stay safe and confident
around water as a YMCA lifeguard!**

Lifeguard certification courses provided by the Y.



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job opportunities here.**

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courses here.**



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