



Pool Schedule February 9-22

Pool schedule is subject to change without notice due to staffing, weather, ETC

Asheville YMCA

Now Hiring!
Guards and
Instructors!
ymcawnc.org/careers

South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a		Ind. Ex.	Lap Swim 6a-8:50a		Ind.	Lap Swim 6a-9:20a		Ind. Ex.	Lap Swim 6a-8:50a		Ind. Ex.	Lap Swim 6a-8:20a		Closed		6-7 AM											
7-8 AM	Ind. Ex.		Lap Swim 6a-8:50a		Hydro Burn		Hydro Burn		Open Swim		Hydro Burn		Hydro Burn		Deep Water Fitness		7-8 AM												
8-9 AM	Hydro Burn		Cardio Splash		Hydro Burn		Hydro Burn		Cardio Splash		Cardio Splash		Fluid Movement		Swim Lessons 8:20-12:30p		8-9 AM												
9-10 AM	Fluid Movement		Lap Swim 11:40a-1:50p		Lap Swim 11:40a-1:50p		Lap Swim 11:40a-1:50p		Lap Swim 11:40a-1:50p		Lap Swim 11:40a-1:50p		Lap Swim 11:40a-1:50p		Lap Swim 11:40a-1:50p		Closed		9-10 AM										
10-11 AM	Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		PL		10-11 AM												
11-12 PM	Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		PL		11-12 PM												
12-1 PM	Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		PL		12-1 PM												
1-2 PM	Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		Ind. Ex.		Lap Swim 11:40a-1:50p		PL		1-2 PM												
2-3 PM	Hydro Burn		Deep water fitness		Hydro Burn		Hydro Burn		Deep water fitness		Hydro Burn		Hydro Burn		Family Swim 12:40p-4p		2-3 PM												
3-4 PM	Family Swim 3p-4:20p		Swim Lessons 3p- 4:20p		Family Swim		PL		Family Swim		Family Swim 3:10- 5p		Family Swim 3:10- 5p		Ind. Ex.		Lap Swim		3-4 PM										
4-5 PM	Swim Lessons (Only)		Family Swim 4:40p-6:30p		4:20p-6:20p		Swim Lessons (Only)		4p-6:30p		Family Swim 3:10p-6:20p		Open Kayak 5:10-6:10		Ind. Ex.		Lap Swim 4:10-6:30p		4-5 PM										
5-6 PM	Swim Lessons (Only)		4:40p-6:30p		4:20p-6:20p		Swim Lessons (Only)		4p-6:30p		Private lessons		Open Kayak 6:15-7:15		Close		5-6 PM												
6-7 PM	Lap Swim		Swim Team		Lap Swim		Ind.		Lap Swim		Swim Team		Lap Swim		Close		6-7 PM												
7-8:30 PM	Lap swim		Swim Team		Lap Swim		Lap Swim		Water Polo		7:30p-8:30p		Close at 7:30		Closed		7-8:30 PM												

North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-8 AM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim 6a - 7:30p				Lap swim 7:15p-6:30p				Lap Swim 1p- 4:30				6-8 AM
8-10 AM																									8-10 AM				
10-12 PM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim 6a - 7:30p				Lap swim 7:15p-6:30p				Lap Swim 1p- 4:30				10-12 PM
12-2 PM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim 6a - 7:30p				Lap swim 7:15p-6:30p				Lap Swim 1p- 4:30				12-2 PM
2-4 PM	Swim Team 4p- 6:15p				Swim Team 6- 7:30				Close at 7:30				No swim team: 2/16				2-4 PM												
4-6 PM	Swim Team 4p- 6:15p				Swim Team 6- 7:30				Lap swim				Water Polo				Close at 7:30				Closed				4-6 PM				4-6 PM
6-8:30 PM	Lap swim				Lap Swim				Water Polo				7:30p-8:30p				Close at 7:30				Closed				6-8:30 PM				6-8:30 PM

>>To register for open kayak please visit [<<](http://ymcawnc.org/programs-search)

	Lap Swim		Independent Exercise		Swim Team		Open Swim
	Group Ex		Swim Lessons		Specialty		

For Questions contact Aquatics Manager - Programming Jeri Martin Jmartin@ymcawnc.org

For lifeguarding, safety, and lifeguard job applications, contact Manager of Lifeguards and Safety
Keith Jobe Kjobe@ymcawnc.org



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BE A LIFEGUARD**

GUARD

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