



# Pool Schedule February 15-22

Pool schedule is subject to change without notice due to staffing, weather, ETC

Now Hiring!  
Guards and  
Instructors!  
[ymcawnc.org/careers](http://ymcawnc.org/careers)

## Asheville YMCA

### South Pool

South Pool																																		
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time					
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane					
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6-7 AM					
7-8 AM																					Ind	Lap Swim							7-8 AM					
8-9 AM																													8-9 AM					
9-10 AM																					Hydro Burn			Hydro Burn					Hydro Burn			Deep Water Fitness		
10-11 AM	Cardio Splash			Cardio Splash			Cardio Splash			Cardio Splash			10-11 AM																					
11-12 PM													Fluid Movement			Fluid Movement			Fluid Movement			Fluid Movement							11-12 PM					
12-1 PM	Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p																			PL	Family Swim 12:40p-4p				12-1 PM
1-2 PM													Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p								1-2 PM
2-3 PM	Hydro Burn			Deep water fitness			Hydro Burn			Deep water Fitness																			Hydro Burn					Family Swim 1p- 2:50p
3-4 PM													Family Swim 3p-4:20p			Swim Lessons 3p- 4:20p			Family Swim		PL	Family Swim 3:10p-6:20p			Private lessons	Family Swim 3:10- 5p								
4-5 PM	Swim Lessons (Only) 4:40p-6:30p			Family Swim		PL	Swim Lessons (Only) 4p-6:30p			Family Swim 3:10p-6:20p																			Family Swim 3:10- 5p					
5-6 PM													Swim Lessons (Only) 4:40p-6:30p			Family Swim		PL	Swim Lessons (Only) 4p-6:30p													Family Swim 3:10p-6:20p		
6-7 PM	Swim Lessons (Only) 4:40p-6:30p			Family Swim		PL	Swim Lessons (Only) 4p-6:30p			Family Swim 3:10p-6:20p																			Family Swim 3:10- 5p					
7-8:30 PM													Ind	Lap Swim			Lap	Swim Team Lap Swim			Ind											Lap Swim		

### North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-8 AM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim 6a-7:30p				Closed				No swim team: 2/16				6-8 AM
8-10 AM																													8-10 AM
10-12 PM																													10-12 PM
12-2 PM																													12-2 PM
2-4 PM																					Lap swim 7:15p-6:30p				Lap Swim 1p-4:30				2-4 PM
4-6 PM	Swim Team 4p-6:15p								Swim Team 4p-6:15p																				4-6 PM
6-8:30 PM	Lap swim				Swim Team 6-7:30				Lap swim				Swim Team 6-7:30				Close at 7:30				Closed				Closed				6-8:30 PM

>>To register for open kayak please visit [ymcawnc.org/programs-search](http://ymcawnc.org/programs-search)<<

Lap Swim	Independent Exercise	Swim Team	Open Swim
Group Ex	Swim Lessons	Specialty	

For Questions contact Aquatics Manager - Programing Jeri Martin [jmartin@ymcawnc.org](mailto:jmartin@ymcawnc.org)

For lifeguarding, safety, and lifeguard job applications, contact Manager of Lifeguards and Safety  
Keith Jobe [kjobe@ymcawnc.org](mailto:kjobe@ymcawnc.org)



**BE A LEADER  
BE A LIFEGUARD**

**GUARD**

## **NOW HIRING LIFEGUARDS**

**Help people stay safe and confident  
around water as a YMCA lifeguard!**

Lifeguard certification courses provided by the Y.



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