



Pool Schedule February 9-14

Pool schedule is subject to change without notice due to staffing, weather, ETC

Now Hiring!
Guards and
Instructors!
ymcawnc.org/careers

Asheville YMCA

South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time								
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane								
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed	6-7 AM											
7-8 AM																					Ind	Lap Swim				7-8 AM											
8-9 AM																										8-9 AM											
9-10 AM	Hydro Burn			Hydro Burn			Hydro Burn			Hydro Burn			Deep Water Fitness			Swim Lessons 8:20-12:30p				Closed	9-10 AM																
10-11 AM																					Cardio Splash			Cardio Splash			Cardio Splash			Cardio Splash			Family Swim 12:40p-4p	Family Swim 1p- 2:50p	Private Lessons	10-11 AM	
11-12 PM	Fluid Movement			Fluid Movement			Fluid Movement			Fluid Movement			Family Swim 12:40p-4p	Family Swim 1p- 2:50p	Private Lessons																					11-12 PM	
12-1 PM																Ind. Ex.	Lap Swim 11:40a-1:50p				Ind.ex.	Lap Swim 11:15a-1:50p				Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p					PL	Family Swim 12:40p-4p
1-2 PM	Ind.ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40a-1:50p			Ind.ex.	Lap Swim 11:15a-1:50p																											
2-3 PM																Hydro Burn			Deep water fitness			Hydro Burn			Deep water Fitness			Hydro Burn			Family Swim 12:40p-4p	Family Swim 1p- 2:50p				Private Lessons	
3-4 PM	Family Swim 3p-4:20p			Swim Lessons 3p- 4:20p			Family Swim PL			Family Swim Private lessons																											
4-5 PM																Swim Lessons (Only) 4:40p-6:30p			Family Swim PL			Swim Lessons (Only) 4p-6:30p			Family Swim Private lessons			Family Night! Join the fun! 4:30-6p									
5-6 PM	Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p																											
6-7 PM																Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p					Family Swim 12:40p-4p	Family Swim 1p- 2:50p	Private Lessons		
7-8:30 PM	Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p			Lap Swim 4:10-6:30p																								

North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-8 AM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim 6a-7:30p				Closed				No swim team: 2/16				6-8 AM
8-10 AM																													8-10 AM
10-12 PM																													10-12 PM
12-2 PM																													12-2 PM
2-4 PM																					Lap swim 7:15p-6:30p				Lap Swim 1p-4:30				2-4 PM
4-6 PM	Swim Team 4p-6:15p								Swim Team 4p-6:15p																				4-6 PM
6-8:30 PM	Lap swim				Swim Team 6-7:30				Lap swim				Swim Team 6-7:30				Close at 7:30				Closed				Closed				6-8:30 PM

>>To register for open kayak please visit ymcawnc.org/programs-search<<

Lap Swim	Independent Exercise	Swim Team	Open Swim
Group Ex	Swim Lessons	Specialty	

For Questions contact Aquatics Manager - Programing Jeri Martin jmartin@ymcawnc.org

For lifeguarding, safety, and lifeguard job applications, contact Manager of Lifeguards and Safety
Keith Jobe kjobe@ymcawnc.org



**YOU'RE
INVITED!**

FUN FOR EVERYONE

FAMILY NIGHT

ASHEVILLE YMCA

FRI., FEBRUARY 13

4:30–6:30 p.m.

Activities include:

- Open Swim
- Crafts for Kids
- Drop In childcare open special for this Friday evening
- Dance Party
- Hot Dogs and snacks
- And more!

FREE EVENT

ymcawnc.org/events