



Pool Schedule February 9-14

Pool schedule is subject to change without notice due to staffing, weather, ETC

**Now Hiring!
Guards and
Instructors!
[ymcawnc.org
/careers](http://ymcawnc.org/careers)**

Asheville YMCA

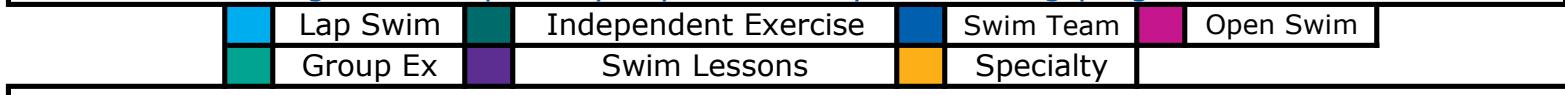
South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time		
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane		
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				6-7 AM						
7-8 AM																											7-8 AM				
8-9 AM																											8-9 AM				
9-10 AM						Hydro Burn				Open Swim				Hydro Burn				Deep Water Fitness				Closed				Closed				9-10 AM	
10-11 AM		Hydro Burn				Hydro Burn				Hydro Burn				Hydro Burn				Cardio Splash				Swim Lessons 8:20-12:30p				Closed				10-11 AM	
11-12 PM		Fluid Movement				Cardio Splash				Fluid Movement				Fluid Movement				Fluid Movement				Closed				Closed				11-12 PM	
12-1 PM	Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p			PL	Closed				Closed				12-1 PM	
1-2 PM	Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p			PL	Closed				Closed				1-2 PM	
2-3 PM	Hydro Burn		Deep water fitness		Hydro Burn		Hydro Burn		Deep water Fitness		Hydro Burn		Hydro Burn		Hydro Burn		Hydro Burn		Hydro Burn		Hydro Burn		Hydro Burn		Hydro Burn		Hydro Burn		2-3 PM		
3-4 PM	Family Swim 3p-4:20p		Swim Lessons 3p- 4:20p		Family Swim		PL	Family Swim		Family		Swim 3:10p-6:20p		Family		Swim 3:10- 4:20		Family		Swim 3:10- 4:20		Ind. Ex.	Lap Swim 4:10-6:30p		Lap Swim 4:10-6:30p		Lap Swim 4:10-6:30p		Lap Swim 4:10-6:30p		3-4 PM
4-5 PM	Swim Lessons (Only) 4:40p-6:30p		Family Swim 4:20p-6:20p		PL		Swim Lessons (Only) 4p-6:30p		Private lessons		Family		Swim 3:10p-6:20p		Private lessons		Family		Night! Join the fun! 4:30-6p		Ind. Ex.	Lap Swim 4:10-6:30p		Lap Swim 4:10-6:30p		Lap Swim 4:10-6:30p		Lap Swim 4:10-6:30p		4-5 PM	
5-6 PM	Swim Lessons (Only) 4:40p-6:30p		Family Swim 4:20p-6:20p		PL		Swim Lessons (Only) 4p-6:30p		Private lessons		Family		Swim 3:10p-6:20p		Private lessons		Family		Night! Join the fun! 4:30-6p		Ind. Ex.	Lap Swim 4:10-6:30p		Lap Swim 4:10-6:30p		Lap Swim 4:10-6:30p		Lap Swim 4:10-6:30p		5-6 PM	
6-7 PM	Closed		Closed		Closed		Closed		Closed		Closed		Closed		Closed		Closed		Closed		Closed		Closed		Closed		6-7 PM				
7-8:30 PM	Ind	Lap Swim		Lap	Swim Team		Ind	Lap Swim		Lap	Swim Team		Lap	Swim Team		Lap	Open Kayak 6:15 -7:15		Close		Closed		Closed		Closed		7-8:30 PM				

North Pool

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time	
Lane	1	2	3	4	1	2	3	4	Lane
6-8 AM							Closed		6-8 AM
8-10 AM									8-10 AM
10-12 PM		Lap Swim Until 4:00p	Lap Swim Until 6:00p	Lap Swim Until 4:00p	Lap Swim Until 6:00p	Lap Swim 6a - 7:30p	Lap swim 7:15p-6:30p		10-12 PM
12-2 PM									12-2 PM
2-4 PM	Swim Team 4p- 6:15p			Swim Team 4p- 6:15p				Lap Swim 1p- 4:30	2-4 PM
4-6 PM			Swim Team 6- 7:30	Lap swim	Swim Team 6- 7:30				4-6 PM
6-8:30 PM	Lap swim		Lap Swim	Water Polo 7:30p-8:30p	Lap Swim	Closed at 7:30	Closed		6-8:30 PM

>>To register for open kayak please visit ymcawnc.org/programs-search<<



For Questions contact Aquatics Manager - Programming Jeri Martin jmartin@ymcaawc.org

For lifeguarding, safety, and lifeguard job applications, contact Manager of Lifeguards and Safety
Keith Jobe Kjobe@ymcawnc.org



YOU'RE
INVITED!

FUN FOR EVERYONE

FAMILY NIGHT

ASHEVILLE YMCA

FRI., FEBRUARY 13

4:30-6:30 p.m.

Activities include:

- Open Swim
- Crafts for Kids
- Drop In childcare open special for this Friday evening
- Dance Party
- Hot Dogs and snacks
- And more!

FREE EVENT

ymcawnc.org/events