



Pool Schedule April 6-12

Pool schedule is subject to change without notice due to staffing, weather, ETC

Swim lesson/team changes for spring break!

Asheville YMCA

South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4					
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Open at 9:30a!				6-7 AM				
7-8 AM																	Ind.	Lap Swim															7-8 AM
8-9 AM									Open Swim								Deep Water Fitness				Swim Lessons 8:20-12:30p								8-9 AM				
9-10 AM	Hydro Burn				Hydro Burn				Hydro Burn				Hydro Burn				Cardio Splash												9-10 AM				
10-11 AM	Fluid Movement				Cardio Splash				Hydro Burn				Cardio Splash				Fluid Movement				Family Swim 9:30a-2:50p								10-11 AM				
11-12 PM																																	11-12 PM
12-1 PM	NLR	Ind. Ex.	Lap Swim 11:40a-1:50p		NLR	Ind. Ex.	Lap Swim 11:15a-1:50p		Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p			PL	PL			Family swim 12:30 - 3:50p								12-1 PM
1-2 PM																																	1-2 PM
2-3 PM	Hydro Burn				Deep water fitness				Hydro Burn				Deep water Fitness				Hydro Burn				Family swim 12:30 - 3:50p								2-3 PM				
3-4 PM	Family Swim 3p-6p				Family Swim 3p-6p				Family Swim 3p-6p				Family Swim 3p-6p				Family Swim 3p-5p								Ind. Ex.	Lap swim			Private Lessons	3-4 PM			
4-5 PM	Family Swim 3p-6p				Family Swim 3p-6p				Family Swim 3p-6p				Family Swim 3p-6p				Family Swim 3p-5p				Ind. Ex.	Lap swim			Pool may close for up to ten minutes at Lane change times								4-5 PM
5-6 PM	Family Swim 3p-6p				Family Swim 3p-6p				Family Swim 3p-6p				Family Swim 3p-6p				Family Swim 3p-5p																5-6 PM
6-7 PM	Ind.	Lap Swim			Ind.	Lap Swim			Ind.	Lap Swim			Ind.	Lap Swim			Open Kayak 5:10 - 7:15p				Ind. Ex.	Lap swim 4p-6:30p			Closed								6-7 PM
7-8:30 PM																																	7-8:30 PM

North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	
6-8 AM	Lap Swim				Lap Swim				Lap Swim Until 7:30p				Lap Swim				Lap Swim 6a - 7:30p				Closed				Open at 9:30a!				6-8 AM
8-10 AM																													
10-12 PM	Lap Swim				Lap Swim				Lap Swim Until 7:30p				Lap Swim				Lap Swim 6a - 7:30p				Lap swim 7:15p-6:30p				Lap Swim 9:30a- 4:30				10-12 PM
12-2 PM																													
2-4 PM	Lap Swim				Lap Swim				Lap Swim Until 7:30p				Lap Swim				Lap Swim 6a - 7:30p				Lap swim 7:15p-6:30p				Swim team spring break: April 4-19				2-4 PM
4-6 PM																													
6-8:30 PM	Lap Swim				Lap Swim				Lap Swim Until 7:30p				Lap Swim				Lap Swim 6a - 7:30p				Closed				Swim team spring break: April 4-19				6-8:30 PM

>>To register for open kayak please visit ymcawnc.org/programs-search<<

	Lap Swim		Independent Exercise		Swim Team		Open Swim
	Group Ex		Swim Lessons		Specialty		

For Questions contact Aquatics Manager - Programing Jeri Martin jmartin@ymcawnc.org

For lifeguarding, safety, and lifeguard job applications, contact Manager of Lifeguards and Safety

Keith Jobe kjobe@ymcawnc.org



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