



Pool Schedule March 23-29

Pool schedule is subject to change without notice due to staffing, weather, ETC

Check out our new Sunday hours!

Asheville YMCA

South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time		
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4			
6-7 AM	Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Open at 9:30a!				6-7 AM						
7-8 AM	Lap Swim 6a-9:20a			Lap Swim 6a-8:50a			Open Swim	Lap Swim 6a-8:50a			Deep Water Fitness			Ind.	Lap Swim			9-10 AM													
8-9 AM	Hydro Burn			Hydro Burn			Hydro Burn			Hydro Burn			Cardio Splash			Swim Lessons 8:20-12:30p				9-10 AM											
9-10 AM	Fluid Movement			Cardio Splash			Fluid Movement			Cardio Splash			Fluid Movement			Swim Lessons 8:20-12:30p				10-11 AM											
10-11 AM	Ind. Ex.	Lap Swim	PL	Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim	PL	Family Swim 9:30a-2:50p				11-12 PM								
11-12 PM	Lap Swim 11:40a-1:50p			Lap Swim 11:40a-1:50p			Lap Swim 11:40a-1:50p			Lap Swim 11:40p-1:50p			Family swim 12:30 - 3:50p			PL	Private Lessons			12-1 PM											
12-1 PM	Hydro Burn			Deep water fitness			Hydro Burn			Deep water Fitness			Hydro Burn			Family swim 12:30 - 3:50p				2-3 PM											
1-2 PM	Family Swim 3p-4p			Family Swim 3p-4p			Family swim 3p-4p			PL	Family Swim 3p-5p			Family Swim 3p-5p			Ind. Ex.	Lap swim	Private Lessons	3-4 PM											
2-3 PM	Swim Lessons (Only) 4p-6:45p			Swim Lessons (Only) 4:00p-5:15p			Swim Lessons (Only) 4p-6:45p			Family Swim 3:10p-6:20p			PL	Private lessons			Lap swim 4p-6:30p			4-5 PM											
3-4 PM	Swim Lessons (Only) 4p-6:45p			Swim Lessons (Only) 4p-6:45p			Swim Lessons (Only) 4p-6:45p			Swim Lessons (Only) 4p-6:45p			Swim Lessons (Only) 4p-6:45p			Swim Lessons (Only) 4p-6:45p			Swim Lessons (Only) 4p-6:45p			5-6 PM									
4-5 PM	Ind.	Lap Swim	Lap	Swim Team	Lap	Swim Team	Ind.	Lap Swim	Lap	Swim Team	Lap	Swim Team	Ind.	Lap Swim	Lap	Swim Team	Ind.	Lap Swim	Lap	Swim Team	Ind.	Lap Swim	Lap	Swim Team	Ind.	Lap Swim	Lap	Swim Team			
5-6 PM	Open Kayak 5:10 - 7:15p			Open Kayak 5:10 - 7:15p			Open Kayak 5:10 - 7:15p			Open Kayak 5:10 - 7:15p			Open Kayak 5:10 - 7:15p			Open Kayak 5:10 - 7:15p			Open Kayak 5:10 - 7:15p			Open Kayak 5:10 - 7:15p			Open Kayak 5:10 - 7:15p			6-7 PM			
6-7 PM	Close			Close			Close			Close			Close			Close			Close			Close			Close			7-8:30 PM			
7-8:30 PM	Close			Close			Close			Close			Close			Close			Close			Close			Close			Close			7-8:30 PM

North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	
6-8 AM	Lap Swim				Closed				Open at 9:30a!				6-8 AM																
8-10 AM	Lap Swim								8-10 AM																				
10-12 PM	Lap Swim				10-12 PM																								
12-2 PM	Lap Swim				12-2 PM																								
2-4 PM	Lap Swim				2-4 PM																								
4-6 PM	Swim Team 4p- 6:15p				4-6 PM																								
6-8:30 PM	Lap swim				Swim Team 6- 7:30				Lap swim				Swim Team 6- 7:30				Close at 7:30				Closed				Closed				6-8:30 PM

>>To register for open kayak please visit ymcawnc.org/programs-search<<

	Lap Swim		Independent Exercise		Swim Team		Open Swim
	Group Ex		Swim Lessons		Specialty		

For Questions contact Aquatics Manager - Programing Jeri Martin jmartin@ymcawnc.org
 For lifeguarding, safety, and lifeguard job applications, contact Manager of Lifeguards and Safety
 Keith Jobe kjobe@ymcawnc.org



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