



# Pool Schedule March 30-April 5

*Pool schedule is subject to change without notice due to staffing, weather, ETC*

No swim lessons 4/4

## Asheville YMCA

### South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	
6-7 AM	Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Gym Closed for Easter				6-7 AM				
7-8 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind.	Lap Swim 7a-10a							7-8 AM				
8-9 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Open Swim				Ind. Ex.	Lap Swim 6a-8:50a			Ind.	Lap Swim 7a-10a							8-9 AM				
9-10 AM	Hydro Burn				Hydro Burn				Hydro Burn				Hydro Burn				Deep Water Fitness								9-10 AM				
10-11 AM	Hydro Burn				Cardio Splash				Hydro Burn				Aqua Zumba				Cardio Splash								10-11 AM				
11-12 PM	Fluid Movement				Cardio Splash				Fluid Movement				Aqua Zumba				Fluid Movement								11-12 PM				
12-1 PM	Ind. Ex.	Lap Swim 11:40a-1:50p	PL		Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p	PL						Family swim 10:10a- 3:50p				12-1 PM
1-2 PM	Ind. Ex.	Lap Swim 11:40a-1:50p	PL		Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap Swim 11:15a-1:50p			Ind. Ex.	Lap Swim 11:40p-1:50p	PL						Family swim 10:10a- 3:50p				1-2 PM
2-3 PM	Hydro Burn				Deep water fitness				Hydro Burn				Deep water Fitness				Hydro Burn								2-3 PM				
3-4 PM	Family Swim 3p-4p				Family Swim 3p-4p				Family swim 3p-4p				PL				Family Swim 3p-5p								3-4 PM				
4-5 PM	Swim Lessons (Only) 4p-6:45p				Swim Lessons (Only) 4:00p-5:15p				Swim Lessons (Only) 4p-6:45p				PL	Private lessons			Family Swim 3p-5p				Ind. Ex.	Lap swim 4p-6:30p	Pool may close for up to ten minutes at Lane change times	4-5 PM					
5-6 PM	Swim Lessons (Only) 4p-6:45p				5:15-6:30	LG	lap		Swim Lessons (Only) 4p-6:45p				PL	Private lessons			Open Kayak 5:10 - 7:15p				Ind. Ex.	Lap swim 4p-6:30p	Pool may close for up to ten minutes at Lane change times	5-6 PM					
6-7 PM	Ind	Lap Swim			Lap	Swim Team Lap Swim			Ind	Lap Swim			Lap	Swim Team Lap Swim			Open Kayak 5:10 - 7:15p				Closed				6-7 PM				
7-8:30 PM	Ind	Lap Swim			Lap	Swim Team Lap Swim			Ind	Lap Swim			Lap	Swim Team Lap Swim			Close				Closed				7-8:30 PM				

### North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 1	Lane 2	Lane 3	Lane 4	
6-8 AM	Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim Until 4:00p				Lap Swim Until 6:00p				Lap Swim 6a - 7:30p				Closed				Gym Closed for Easter				6-8 AM
8-10 AM																					Closed								8-10 AM
10-12 PM																					Closed								10-12 PM
12-2 PM																					Closed								12-2 PM
2-4 PM	Closed				2-4 PM																								
4-6 PM	Swim Team 4p- 6:15p				Swim Team 4p- 6:15p				4-6 PM																				
6-8:30 PM	Lap swim				Swim Team 6- 7:30				Lap swim				Swim Team 6- 7:30				Close at 7:30				Closed								6-8:30 PM

>>To register for open kayak please visit [ymcawnc.org/programs-search](http://ymcawnc.org/programs-search)<<

	Lap Swim		Independent Exercise		Swim Team		Open Swim
	Group Ex		Swim Lessons		Specialty		

For Questions contact Aquatics Manager - Programing Jeri Martin [jmartin@ymcawnc.org](mailto:jmartin@ymcawnc.org)  
 For lifeguarding, safety, and lifeguard job applications, contact Manager of Lifeguards and Safety  
 Keith Jobe [kjobe@ymcawnc.org](mailto:kjobe@ymcawnc.org)



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BE A LIFEGUARD**

**GUARD**

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