



Pool Schedule April 6-12

Pool schedule is subject to change without notice due to staffing, weather, ETC

Swim lesson/team changes for spring break!

Asheville YMCA

South Pool

| Time | Monday | | | | Tuesday | | | | Wednesday | | | | Thursday | | | | Friday | | | | Saturday | | | | Sunday | | | | Time |
|-----------|-------------------|-------------------|-----------------------|--------|--------------------|-------------------|-----------------------|--------|------------------------|-----------------------|--------|--------|--------------------|-----------------------|--------|----------------|-------------------------|-----------------------|--------|--------------------------|---------------------------|--------|--------|-------------------------|---|-------------------|---|-----------------|-----------|
| | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | |
| 6-7 AM | Ind. Ex. | Lap Swim 6a-9:20a | | | Ind. Ex. | Lap Swim 6a-8:50a | | | Ind. Ex. | Lap Swim 6a-9:20a | | | Ind. Ex. | Lap Swim 6a-8:50a | | | Closed | | | | Open at 9:30a! | | | | 6-7 AM | | | | |
| 7-8 AM | Ind. Ex. | Lap Swim 6a-9:20a | | | Ind. Ex. | Lap Swim 6a-8:50a | | | Ind. Ex. | Lap Swim 6a-9:20a | | | Ind. Ex. | Lap Swim 6a-8:50a | | | Ind. | Lap Swim | | | Open at 9:30a! | | | | 7-8 AM | | | | |
| 8-9 AM | Ind. Ex. | Lap Swim 6a-9:20a | | | Ind. Ex. | Lap Swim 6a-8:50a | | | Open Swim | | | | Ind. Ex. | Lap Swim 6a-8:50a | | | Deep Water Fitness | | | | Swim Lessons 8:20-12:30p | | | | 8-9 AM | | | | |
| 9-10 AM | Hydro Burn | | | | Hydro Burn | | | | Hydro Burn | | | | Hydro Burn | | | Cardio Splash | | | | Swim Lessons 8:20-12:30p | | | | 9-10 AM | | | | | |
| 10-11 AM | Hydro Burn | | | | Hydro Burn | | | | Hydro Burn | | | | Hydro Burn | | | Cardio Splash | | | | Swim Lessons 8:20-12:30p | | | | 10-11 AM | | | | | |
| 11-12 PM | Fluid Movement | | | | Fluid Movement | | | | Fluid Movement | | | | Fluid Movement | | | Fluid Movement | | | | Swim Lessons 8:20-12:30p | | | | 11-12 PM | | | | | |
| 12-1 PM | NLR | Ind. Ex. | Lap Swim 11:40a-1:50p | | NLR | Ind. Ex. | Lap Swim 11:15a-1:50p | | Ind. Ex. | Lap Swim 11:40a-1:50p | | | Ind. Ex. | Lap Swim 11:15a-1:50p | | | Ind. Ex. | Lap Swim 11:40p-1:50p | | PL | | | | Family Swim 9:30a-2:50p | | | | 12-1 PM | |
| 1-2 PM | NLR | Ind. Ex. | Lap Swim 11:40a-1:50p | | NLR | Ind. Ex. | Lap Swim 11:15a-1:50p | | Ind. Ex. | Lap Swim 11:40a-1:50p | | | Ind. Ex. | Lap Swim 11:15a-1:50p | | | Ind. Ex. | Lap Swim 11:40p-1:50p | | PL | Family swim 12:30 - 3:50p | | | PL | Family Swim 9:30a-2:50p | | | Private Lessons | 1-2 PM |
| 2-3 PM | Hydro Burn | | | | Deep water fitness | | | | Hydro Burn | | | | Deep water Fitness | | | | Hydro Burn | | | | Family swim 12:30 - 3:50p | | | | 2-3 PM | | | | |
| 3-4 PM | Family Swim 3p-6p | | | | Family Swim 3p-6p | | | | Family Swim 3p-4p | | | | Family Swim 3p-6p | | | | Family Swim 3p-5p | | | | Family swim 12:30 - 3:50p | | | | Ind. Ex. | Lap swim | Private Lessons | 3-4 PM | |
| 4-5 PM | Family Swim 3p-6p | | | | Family Swim 3p-6p | | | | Swim lessons | | | | Family Swim 3p-6p | | | | Family Swim 3p-5p | | | | Family swim 12:30 - 3:50p | | | | Ind. Ex. | Lap swim | Private Lessons | 4-5 PM | |
| 5-6 PM | Family Swim 3p-6p | | | | Family Swim 3p-6p | | | | Family Swim 4:40-5:50p | | | | Family Swim 3p-6p | | | | Open Kayak 5:10 - 7:15p | | | | Family swim 12:30 - 3:50p | | | | Ind. Ex. | Lap swim 4p-6:30p | Pool may close for up to ten minutes at Lane change times | 5-6 PM | |
| 6-7 PM | Ind. | Lap Swim | | | Ind. | Lap Swim | | | Ind. | Lap Swim | | | Ind. | Lap Swim | | | Open Kayak 5:10 - 7:15p | | | | Family swim 12:30 - 3:50p | | | | Closed | | | | 6-7 PM |
| 7-8:30 PM | Ind. | Lap Swim | | | Ind. | Lap Swim | | | Ind. | Lap Swim 6:40-8:30 | | | Ind. | Lap Swim | | | Close | | | | Closed | | | | Pool may close for up to ten minutes at Lane change times | | | | 7-8:30 PM |

North Pool

| Time | Monday | | | | Tuesday | | | | Wednesday | | | | Thursday | | | | Friday | | | | Saturday | | | | Sunday | | | | Time |
|-----------|----------|--------|--------|--------|----------|--------|--------|--------|------------------------|--------|--------|--------|----------|--------|--------|--------|---------------------|--------|--------|--------|----------------------|--------|--------|--------|------------------------------------|--------|--------|--------|-----------|
| | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | |
| 6-8 AM | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Closed | | | | Open at 9:30a! | | | | 6-8 AM |
| 8-10 AM | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap swim | | | | Open at 9:30a! | | | | 8-10 AM |
| 10-12 PM | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap swim | | | | Lap Swim 9:30a- 4:30 | | | | 10-12 PM |
| 12-2 PM | Lap Swim | | | | Lap Swim | | | | Lap Swim Until 7:30p | | | | Lap Swim | | | | Lap Swim 6a - 7:30p | | | | Lap swim 7:15p-6:30p | | | | Lap Swim 9:30a- 4:30 | | | | 12-2 PM |
| 2-4 PM | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap swim | | | | Lap Swim 9:30a- 4:30 | | | | 2-4 PM |
| 4-6 PM | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap Swim | | | | Lap swim | | | | Lap Swim 9:30a- 4:30 | | | | 4-6 PM |
| 6-8:30 PM | Lap Swim | | | | Lap Swim | | | | Water Polo 7:30p-8:30p | | | | Lap Swim | | | | Lap Swim | | | | Lap swim | | | | Swim team spring break: April 4-19 | | | | 6-8:30 PM |

>>To register for open kayak please visit ymcawnc.org/programs-search<<

| | | | | | | | |
|--|----------|--|----------------------|--|-----------|--|-----------|
| | Lap Swim | | Independent Exercise | | Swim Team | | Open Swim |
| | Group Ex | | Swim Lessons | | Specialty | | |

For Questions contact Aquatics Manager - Programing Jeri Martin jmartin@ymcawnc.org

For lifeguarding, safety, and lifeguard job applications, contact Manager of Lifeguards and Safety

Keith Jobe kjobe@ymcawnc.org



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