

The YMCA of Western North Carolina welcomes all people.



Tuesday	Wednesday	Thursday	Friday
1 Mills River Park 1-2 p.m. 124 Town Center Dr, Mills River, NC	2 Ferguson Family YMCA 11 a.m.-12 p.m. 31 Westridge Market Pl, Candler, NC Madison Co. Cooperative 1-2 p.m. 258 Carolina Ln., Marshall, NC	3 Swannanoa Library 11 a.m.-12 p.m. 101 W. Charleston Ave, Swannanoa, NC	4 Haywood Pediatrics 12-1 p.m. 15 Facility Dr, Clyde, NC
8 Hendersonville Family YMCA 1-2 p.m. 810 6th Ave. W Hendersonville, NC	9 Shiloh Community Center 11 a.m.-12 p.m. 121 Shiloh Rd, Asheville, NC Oakley/South Asheville Library 1-2 p.m. 749 Fairview Rd, Asheville, NC	10 East Marion IPHC en Español 1-2 p.m. 900 Baldwin Ave., Marion, NC	11 Crowell Apartments 12-1 p.m. 10 Coleys Circle, Asheville, NC
15 Mills River Park 1-2 p.m. 124 Town Center Dr, Mills River, NC	16 Madison Co. Cooperative 1-2 p.m. 258 Carolina Ln., Marshall, NC	17 Carolina Complete Health (WellCare) 11 a.m.-12 p.m. 150 Tunnel Rd., Asheville, NC Woodfin YMCA 2-3 p.m. 40 N. Merrimon Ave., Asheville, NC	18 Haywood Pediatrics 12-1 p.m. 15 Facility Dr, Clyde, NC
22 Hendersonville Family YMCA 1-2 p.m. 810 6th Ave. W Hendersonville, NC	23 Ferguson Family YMCA 11 a.m.-12 p.m. 31 Westridge Market Pl, Candler, NC Leicester Library 1-2 p.m. 1561 Alexander Rd, Leicester, NC	24 A.C. Bud Hogan Community Center - Old Fort 10:30-11:30 a.m. 909 East Main St, Old Fort, NC	25 No market

September 2026 Mobile Food Market

The Y brings fresh, healthy produce to the community for free, no questions asked.



9/29 - 10/2 is a no program week.

We will resume markets on 10/6

To learn more,
call **828-775-7081**
or scan the QR code.



Our Mobile Food Market Program is made possible by generous donations from our community. To learn more, visit ymcawnc.org/give.

Follow us on Facebook
[@ymcawnccommunityhealth](https://www.facebook.com/ymcawnccommunityhealth)

El YMCA de Western Norte Carolina les da la bienvenida a todas las personas.



Martes	Miércoles	Jueves	Viernes
1 Mills River Park 1-2 p.m. 124 Town Center Dr, Mills River, NC	2 Ferguson Family YMCA 11 a.m.-12 p.m. 31 Westridge Market Pl, Candler, NC Madison Co. Cooperative 1-2 p.m. 258 Carolina Ln., Marshall, NC	3 Swannanoa Library 11 a.m.-12 p.m. 101 W. Charleston Ave, Swannanoa, NC	4 Haywood Pediatrics 12-1 p.m. 15 Facility Dr, Clyde, NC
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Septiembre 2026 Mercado de Comida Móvil

La Y trae productos frescos y saludables a la comunidad
Gratis, sin hacer preguntas.



9/29 - 10/2 Esta semana no hay actividades programadas.
Reanudaremos los mercados el 6 de octubre.

Para obtener
más información llame
828-775-7081
o escanea el código QR.



Nuestro programa de mercado móvil de alimentos es posible gracias a generosas donaciones de nuestra comunidad. Para obtener más información, visite ymcawnc.org/give.

Síguenos en Facebook
[@ymcawnccommunityhealth](https://www.facebook.com/ymcawnccommunityhealth)