



GYM SCHEDULE

REUTER YMCA

SEPTEMBER AND OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	5:30am-6:00am Open Gym	5:30am-10:00am Open Gym	5:30am-6:00am Open Gym	5:30am-10:00am Open Gym	5:30am-6:00am Open Gym	Closed
	6:00am-7:30am Adult Pick-Up (18+)		6:00am-7:30am Adult Pick-Up (18+)		6:00am-7:30am Adult Pick-Up (18+)	
	7:30am-10:00am Open Gym		7:30am-10:00am Open Gym		7:30am-10:00am Open Gym	7:00am-10:00am Open Gym
	10:00am-10:15am Transition Time		10:00am-10:15am Transition Time		10:00am-10:15am Transition Time	10:00am-10:15am Transition Time
	10:15am-12:45pm Pickleball (13+)		10:15am-12:45pm Pickleball for Beginners (13+) (registration required)		10:15am-12:45pm Pickleball (13+)	10:15am-12:45pm Pickleball (13+)
11:00am-5:45pm Open Gym	12:45pm-1:00pm Transition Time	12:45pm-1:00pm Transition Time	12:45pm-1:00pm Transition Time	12:45pm-1:00pm Transition Time	12:45pm-1:00pm Transition Time	12:45pm-1:00pm Transition Time
	1:00pm-5:30pm Open Gym	1:00pm-8:45pm Open Gym	1:00pm-8:45pm Open Gym	1:00pm-8:45pm Open Gym	1:00pm-5:30pm Open Gym	1:00pm-6:45pm Open Gym
	5:30pm-5:45pm Transition Time				5:30pm-5:45pm Transition Time	
Closed	Youth Volleyball 9/14-10/19 (registration required) 5:45pm-8:00pm				Youth Volleyball 9/11-10/16 (registration required) 5:45pm-8:00pm	Closed
	8:00pm-8:15pm Transition Time				8:00pm-8:15pm Transition Time	
	8:15pm-8:45pm Open Gym				8:15pm-8:45pm Open Gym	

All members and guests are expected to abide by our Code of Conduct, violation of this can result in termination of membership or guest privileges.

****Complete Age Guidelines on Back****

Facility Hours:

Monday-Friday 5:30am-9:00pm
Saturday 7:00am-7:00pm
Sunday 11:00am-6:00pm
*Gym closes 15 minutes prior to building

*pool, sauna and steam room close 30 minutes prior to building

~~Tues/Thurs 5:30-6:15pm 1/2 gym for soccer when weather prohibits outdoor programming~~

Your Space. Your Responsibility. Our Y. —
Please help keep our gym clean, safe, and welcoming by returning equipment and cleaning up after yourself.

Schedule Updates:

--The gymnasium will be closed September 3rd-6th for floor refinishing. Reopening Sept. 7
--September 7th the YMCA will close at 1:00pm in observance of Labor Day.