November Pool Schedule

*** Pool schedule is subject to change without notice due to staffing and weather ***

Corpening Memorial YMCA

The Corpening YMCA is closed on Thursday November 26 for Thanksgiving

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time
Lane #	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	Lane #
6-7 AM	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Closed	Closed	6-7 AM
7-8 AM	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim / swim lessons	Closed	7-8 AM
8-9 AM	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim / swim lessons	Closed	8-9 AM
9-10 AM	Fluid Movement	Fluid Movement	Fluid Movement	Fluid Movement	Fluid Movement	Open Swim / Lap Swim / swim lessons	Closed	9-10 AM
10-11 AM	Open Swim / Lap Swim	Open Swim / Lap Swim / Private Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim / swim lessons	Closed	10-11 AM
11-12 PM	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim / Private Swim Lessons	Open Swim / Lap Swim	Open Swim / Lap Swim / swim lessons	Closed	11-12 PM
12-1 PM	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	12-1 PM
1-2 PM	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	Open Swim / Lap Swim	1-2 PM
2-3 PM	Closed	Closed	Closed	Closed	Closed	Open Swim / Lap Swim	Open Swim / Lap Swim	2-3 PM
3-4 PM	Closed	Closed	Closed	Closed	Closed	Closed	Open Swim / Lap Swim	3-4 PM
4-5 PM	Cardio Splash / Open Swim / Lap Swim / Piranhas	Open Swim / Lap Swim / Piranhas	Cardio Splash / Open Swim / Lap Swim / Piranhas	Open Swim / Lap Swim / Piranhas	Open Swim / Lap Swim	Closed	Closed	4-5 PM
5-6 PM	Open Swim / Lap Swim / Titans	Open Swim / Titans / Swim Lessons	Open Swim / Lap Swim	Open Swim / Titans / Swim Lessons	Lap Swim / Titans	Closed	Closed	5-6 PM
6-7 PM	Open Swim / Lap Swim / Titans	Open Swim / Titans / Swim Lessons	Open Swim / Lap Swim	Open Swim / Titans / Swim Lessons	Open Swim / Lap Swim / Titans	Closed	Closed	6-7 PM
7-8 PM	Open Swim / Lap Swim / Titans	Open Swim / Titans / Swim Lessons	Open Swim / Lap Swim	Open Swim / Titans / Swim Lessons	Closed	**16, 17 and 18 November Marion Fire Fighters will use two lanes from 9:00-11:00. We will have limited lap lanes available at that time.**		7-8 PM
8-9 PM	Closed	Closed	Closed	Closed	Closed			8-9 PM
Lane #	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8			Lane #

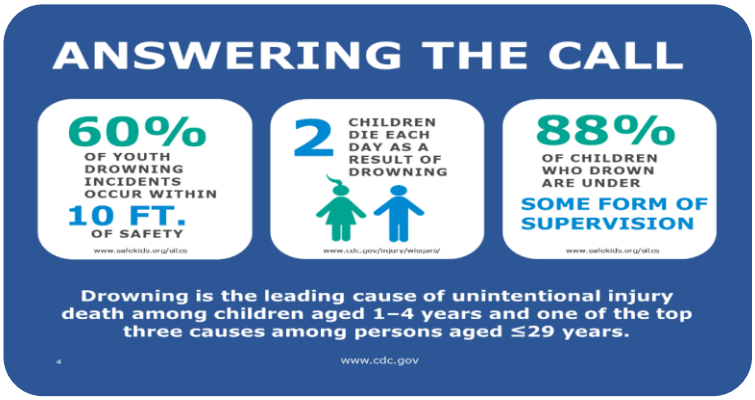
Lap Swim	Open Swim	Swim Lessons	
Group Ex	Swim Team	Y Splash	Specialty

Contact Aquatics Director Bre Treadway with any questions: btreadway@ymcawnc.org

CORPENING MEMORIAL YMCA
348 Grace Corpening
Marion NC 28752

MAX CAPACITY: 50 | Please note the schedule and lane space is subject to change at any time.

LIFEGUARD BREAK: Our Y is a one-guard pool. Lifeguards have the ability to close the pool for 10 minutes in the event that they need a break and have no coverage. Please respect the lifeguard and obey all directions.



LAP LANES

Lap lanes are for continuous lap swimming only—including standard strokes and kicking. Please use open swim times/independent exercise for water jogging, water walking, etc. Lap swimmers should share the lanes with other members in a respectful manner.

EQUIPMENT

Kickboards, pull buoys and fins are for lap swim use only.
Noodles are to be used for flotation and exercise classes only.
Approved lifejackets are available for use.
Equipment should not be used to roughhouse or for horseplay.

SWIM TEST

Any child under the age of 13 wishing to swim **in water deeper than chest depth** must pass the swim test or wear a lifejacket:
- Start in shallow end
- Swim 25 yards
- Climb out, jump in deep end
- Tread water for 1 minute

Swim tests must be repeated every visit. The lifeguard has the authority to withhold or revoke access to any area of the pool to maintain safety.

POOL RULES

Shower before entering the pool and after the use of toilet facilities.
After showering, please dry off completely when exiting the showers into the locker room area.
- Inflatable flotation devices are not permitted
- Walk
- Do not engage in rough play
- Please do not enter the pool if you have a communicable disease or open cut
- No glass, food, gum, tobacco, or animals are allowed on the pool deck
- Proper swim attire must be worn at all times
- Children not toilet-trained are required to wear a swim diaper covered by a tight topped suit or plastic pants- please ask for one if you do not have one
- Diaper changing on the pool deck is not permitted
- Please obey all requests made by lifeguards
- Cameras, cell phones, and other electronic devices are not allowed on the pool deck
- Street shoes are not allowed on the deck

CHILD SUPERVISION

Children Ages 0–6: An adult must be within arm's reach of the child at all times.
Children Ages 7–9: If the child passes the swim test, they may be in the pool with a responsible adult in the pool area. Otherwise a guardian must be in the pool.
Children Ages 10–12: If a child passes the swim **test,** they may be in the pool alone. A responsable adult must be in the building. If they don't pass the swim test, and adult must be with them in the water or they must wear a lifejacket.