

[illegible]

Reuter Family YMCA

3 Town Square BLVD
Asheville NC, 28803
828-651-9622
ymcawnc.org

Facility Hours:

Mon–Fri: 5:30am–9pm
Sat: 7am–7pm
Sun: 11am–6pm

POOL CLOSES 30 MINUTES BEFORE THE FACILITY

YDC Hours:

Mon–Sat: 8am–1:30pm
Mon–Thurs: 4–7pm
Sun: 1–5pm

Youth Lounge:

Mon–Thurs: 3:30–7:30pm
Sat 8am–1:30pm

NOW HIRING LIFEGUARDS

Help people stay safe and confident
around water as a YMCA lifeguard!

Lifeguard certification courses provided by the Y.



Scan to find current
job opportunities here.

Scan to find lifeguard
courses here.



ymcawnc.org

POOL RULES

- Shower before entering the pool and after the use of toilet facilities.
- **After showering, please dry off completely when exiting the showers into the locker room area.**
- Inflatable flotation devices are not permitted.
- Walk. Do not engage in rough play.
- Please do not enter the pool if you have a communicable disease or open cut.
- No glass, food, gum, tobacco, or animals are allowed on the pool deck.
- Proper swim attire must be worn at all times.
- Children not toilet-trained are required to wear a swim diaper covered by a tight topped suit or plastic pants.
- Diaper changing on the pool deck is not permitted.
- Please obey all requests made by lifeguards.
- Cameras, cell phones, and other electronic devices are not allowed on the pool deck.
- Street shoes are not allowed on the deck.
- Photography on the pool deck is prohibited.

LAP LANES

Lap lanes are for continuous lap swimming only—including standard strokes and kicking. Please use open swim times/independent exercise for water jogging, water walking, etc. Lap swimmers should share the lanes with other members in a respectful manner.

EQUIPMENT

- Kickboards, pull buoys and fins are for lap swim use only.
- Noodles are to be used for flotation and exercise classes only.
- Approved lifejackets are available for use.
- Equipment should not be used to roughhouse or for horseplay.

SAUNA AND HOT TUB RULES

- Please shower before using spa amenities.
- Must be 16 years or older to use these facilities.
- Swim attire must be worn- full clothing is not permitted. No street shoes.
- No electronic devices are allowed in these areas.
- Do not exercise in the sauna.
- Persons under the influence of alcohol, tranquilizers or any drugs that cause drowsiness, or raise/lower blood pressure should not enter the spa area.
- Please shower after leaving the sauna/spa if entering the pool.
- There is a shower on the pool deck.
- Persons who behave inappropriately will be asked to leave.
- There is a strict 10 minute limit on the Hot Tub. Recommended time limit for Sauna is 10–15 minutes.

CHILD

Children Ages 0–6

- An adult must be within arm's reach of the child at all times.

Children Ages 7–9

- If the child passes the swim test, they may be in the pool with a responsible adult in the pool area. Otherwise a guardian must be in the pool.

Children Ages 10–12

- Child must pass a swim test or wear a lifejacket and may be in the pool area without a responsible adult.

OPEN SWIM will not be available during swim lessons, swim team, and water fitness classes.

SWIM TEST

Any child under the age of 13 wishing to swim **in water deeper than chest depth** must pass the swim test or wear a lifejacket:

- Jump into the shallow end, ducking head under water.
- Swim 25 yards.
- Tread water for 1 minute.

Swim tests must be completed every three months.

The lifeguard has the authority to withhold or revoke access to any area of the pool to maintain safety.